

Social and emotional development: Program for Personal Potential Development

**(Социально-эмоциональное
развитие: программа**

**становления личностного
потенциала)**

Program Overview

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Program name

Social and emotional development: Program for Personal Potential Development

(Социально-эмоциональное развитие:

программа становления личностного потенциала)

Country of Origin

Russian Federation

Type of Program

Non evidence-based intervention

Description

The program mainly solves the problem of the socialization of children. Through the development of emotional intelligence and skills for communication improves relationships with peers, and family assignments contribute to creating a friendly atmosphere in children's families. The activities are characterized by a variety of forms and content that help to maintain interest and broaden the horizons. The proposed tools and techniques are easily integrated into other activities of pre-school and school education, including in the field of subject learning, influencing the motivation of children and as a result their academic performance. Particular attention to the program is paid to the participation of parents. It is considered that the effectiveness of training can only be achieved with the cooperation of all participants in the educational process: students, teachers and parents.

Methods and materials:

1. Educational-methodical complex for preschool age (5-7 y.o.) ensures the implementation of a partial program designed for a two-year preschool course 5-6 and 6-7 years (30 developing classes per year) and includes the following materials:

a) Toolkit for educators (for each year of training)- This guide is presented by two books designed to work with children aged 5-6 and 6-7. Contains the program "Social and emotional development" with a description of the planned results, the content of the main sections, thematic planning of educational activities, a brief description of age characteristics and recommendations for organizing work with preschool children, evaluation tools for monitoring the implementation of the program.

b) Cognitive books for children (for each year of training) - they contain worksheets for children aged 5-6 and 6-7. The material provides different ways of interaction: review illustrations, followed by discussion; painting and coloring; selection of certain options, search for a match, comparison; compiling a dictionary of emotions, etc. Each lesson ends with a recommended family assignment.

2. Educational-methodical complex for primary school age (7-9 y.o.)- The teaching and methodological set is designed for a two-year course (for 1st year - 33 developing classes, for the 2nd year - 34) and includes the following materials:

- a) Toolkit for educators (for each year of training) - a description of the planned results, the content of the main sections, thematic planning of educational activities, brief description of age characteristics and recommendations for organizing work with younger students.
- b) Workbooks for children (for each year of training) - The workbooks for 1st and 2nd grade contain visual materials for children with illustrations, stickers and opportunities for independent work with tasks. There are different ways to interact with the handbook: reading and looking at illustrations, followed by discussion; drawing and coloring; select certain options, search for a match, comparison; compiling a dictionary of emotions, etc. Each lesson ends with a recommended family assignment.
- c) Game set "Palette of emotions" for each educational methodological complex- The game set "Palette of emotions" contains: photographs of basic emotions, a set of plot photos and a set of consistent photos as didactic materials for the lessons (described in the methodological guide for pedagogues). The game set includes instruction booklet that contains the rules various card games to organize children's free time outside of classes.
- d) Posters for each educational-methodical complex - contains visual materials illustrating the tools of the educational-methodical complex

Age Range

3-7 years

Age Range Information

5 – 9 years old (5-7; 7- 9)

SEL Skills Targeted

Responsible decision-making, Relationship skills, Social awareness, Self-awareness, Self-management

Sequenced Activities

The program for social and emotional development of children mainly solves the problem of socialization of the child. Through the development of emotional intelligence and skills communication improves peer relationships and family tasks contribute to creating a friendly atmosphere in the family of students. Classes are characterized by a variety of forms and content. The proposed tools and techniques are easily integrated into other pre-school and student education activities, including in the field of subject learning, influencing the motivation of children and as a result their academic performance.

There are training programs for:

children from 5 to 7 years old;

children from 7 to 9 years old

Active Learning

The program includes:

activities with expected results;

materials needed for the activities;

a large set of didactic games;

additional creative activities;

interactive information modules for parents

Quality / Effectiveness

In 2017-2019, the materials of the educational and methodological complex were tested in 14 schools in Moscow and Tyumen. It was attended by 212 teachers and 4,000 children. The test results showed that the program contributes to the development of emotional intelligence in children, the establishment of cooperation in a team, improves interpersonal relationships in the classroom and family, provides prevention gambling and internet addiction, antisocial behavior.

Additional Information

<https://vbudushee.ru/library>

https://vbudushee.ru/UMK_SER_V22.pdf

References

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Сергиенко, Е.А., Социально-эмоциональное развитие: программа становления личностного потенциала

<https://edpolicy.ru/socialandemotionaldevelopment>

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