



# **PATHS**

## Program Overview

---

Generated: 2024-12-01 10:46:15



## **Author of this description**

Amila Mujezinovic, University of Tuzla

Alma Dizdarevic, University of Tuzla

## **Program name**

PATHS

## **Country of Origin**

United States

## **Other Countries**

United Kingdom, Croatia, Netherlands

## **Implementation level of the program**

Regional

## **Type of Program**

Evidence-based intervention

## **Description**

Developed by an experienced team of clinical psychologists and child development professionals, the PATHS® program offers a comprehensive, and evidence-based SEL curriculum for pre-kindergarten through grade 5. In this curriculum emotional and social competencies and reducing aggression and behavior problems in elementary school.

## **Age Range**

3-7 years

## **Age Range Information**

3-7 years

## **Group Size**

No information

## **SEL Skills Targeted**

Responsible decision-making, Relationship skills, Social awareness, Self-awareness, Self-management

## **Sequenced Activities**

The program is related to the skills: Self-control, self-esteem, emotional awareness, basic problem-solving skills, social skills, and friendships.

The program includes 2 or more times per week for a minimum of 20-30 minutes per day.

## **Active Learning**

The program lessons include reading, telling stories, puppetry, singing, drawing, and use of concepts in science and math.

## **Outcomes / Results**

Evidence based program with more than 40 previous studies which present positive impact of the program to SEL.

## **Additional Information**

<https://pathsprogram.com/>

<http://www.pathstraining.com/main/curriculum/>

## **Citation**

This document was generated from the database used to create the Programs Compendium:

Koltcheva, N., Wastijn, B., Achten, M., Van Rossem, L. & Costa, I. S (2022). Programs for Social and Emotional Skills Development for Early and Preschool Children Applied in European Countries. Compendium. EU-SELF Project. ISBN 978-619-233-211-2 (can be downloaded from <https://euself.nbu.bg>)