



# I can problem solve

## Program Overview

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## Author of this description

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## Program name

I can problem solve

## Country of Origin

United States

## Other Countries

Canada, Türkiye, Brazil, Chile, Greece, India, Israel, South Korea

## Implementation level of the program

Organization

## Type of Program

Evidence-based intervention

## Description

The focus of the ICPS program is on developing a set of interpersonal cognitive problem solving skills that relate to overt behaviors as early as preschool. ICPS consists of three age-specific programs: preschool (containing 59 lessons), kindergarten and primary school (83 lessons), and intermediate elementary school (77 lessons). ICPS lessons are 20 minutes in duration and taught three to five times per week over the course of the academic year.

## Age Range

3-7 years

## Group Size

10

## SEL Skills Targeted

Responsible decision-making, Relationship skills, Self-management

## Sequenced Activities

Throughout the intervention instructors utilize puppets, pictures, role-playing to help develop children's thinking

skills.

## **Active Learning**

Children's own lives and problems are used as examples when teachers demonstrate problem-solving techniques.

## **Additional Information**

<http://www.icanproblemsolve.info>

<https://pg.casel.org/i-can-problem-solve/>

## **References**

Shure, M. B., & Spivack, G. (1982). Interpersonal problem-solving in young children: A cognitive approach to prevention. *American Journal of Community Psychology*, 10(3), 341–356.

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Vestal, A., & Jones, N. A. (2004). Peace building and conflict resolution in preschool children. *Journal of Research in Childhood Education*, 19(2), 131–142.

## **Citation**

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