

# Emotional State Talk Intervention

## Program Overview

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## **Author of this description**

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## **Program name**

Emotional State Talk Intervention

## **Country of Origin**

Italy

## **Implementation level of the program**

No information

## **Type of Program**

Evidence-based intervention

## **Description**

Emotional state talk intervention includes program-based activities twice a week and in small groups of six to seven children read illustrated stories enriched with emotional state talk. Storybook of the program includes 12 stories with introduction, story line and happy ending.

## **Age Range**

3-7 years

## **Age Range Information**

3-5

## **Group Size**

6-7

## **SEL Skills Targeted**

Relationship skills, Social awareness, Self-awareness, Self-management

## **Sequenced Activities**

The program includes sequenced activities before reading the story, listening and discussion about story.

## **Active Learning**

Yes. After reading a story all participants need to be active in discussion about story and specific words which are in relation to emotions.

## **Outcomes / Results**

Evidence-based program

Results of studies show the positive impact on children for understanding of inner state language and in the comprehension of emotion.

## **Quality / Effectiveness**

No information

## **Strengths and Weaknesses**

No information

## **Additional Information**

No

## **References**

Gavazzi, I. G., & Ornaghi, V. (2011). Emotional state talk and emotion understanding: a training study with preschool children. *Journal of Child Language*, 38(5), 1124-39.  
<https://doi.org/10.1017/S0305000910000772>

## **Citation**

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