

Conscious Discipline

Program Overview

Generated: 2024-12-01 10:46:12



Author of this description

Amila Mujezinovic, University of Tuzla

Alma Dizdarevic, University of Tuzla

Program name

Conscious Discipline

Country of Origin

United States

Implementation level of the program

Organization

Type of Program

Evidence-based intervention

Description

Conscious Discipline is an evidence-based, trauma-informed approach which promotes social-emotional

development, resiliency, and self-regulation in students. Conscious Discipline offers trauma-informed teaching practices that foster a safe, compassionate, nurturing school culture.

Age Range

3-7 years

Age Range Information

PreK-5

Group Size

No information

SEL Skills Targeted

Responsible decision-making, Relationship skills, Social awareness, Self-awareness, Self-management

Sequenced Activities

The program includes 4 components and each specific component of the programs includes different types of sequenced activities.

Active Learning

No information

Outcomes / Results

Evidence-based program

Results of studies show statistically significant positive impact on student behavioral outcomes and/or academic achievement.

Strengths and Weaknesses

No information

Additional Information

<https://consciousdiscipline.com/>

References

Rain, J.S. (2014). Conscious Discipline Research Study Findings (Unpublished Manuscript). Rain & Brehm Consulting Group.

Citation

This document was generated from the database used to create the Programs Compendium:
Koltcheva, N., Wastijn, B., Achten, M., Van Rossem, L. & Costa, I. S (2022). Programs for Social and Emotional Skills Development for Early and Preschool Children Applied in European Countries. Compendium. EU-SELF Project. ISBN 978-619-233-211-2 (can be downloaded from <https://euself.nbu.bg>)