

# **NBO:** Guide to Understanding Newborn Behavior and Early Relationships (Guía para comprender el comportamiento y las relaciones tempranas del recién nacido)

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## NBO Full Profile Review

## **Name of the measure**

NBO: Guide to Understanding Newborn Behavior and Early Relationships (Guía para comprender el comportamiento y las relaciones tempranas del recién nacido)

## **Author(s) / Publisher(s)**

- Spanish original (ES): <https://web.teaediciones.com/guia-para-comprender-el-comportamiento-y-las-relaciones-tempranas-del-recien-nacido.aspx>

Author: J. K. Nugent, C. H. Keefer, S. Minear, L. C. Johnson, & Y. Blanchard.

Publisher: Tea Ediciones

## **Age Range**

0-3 years

## **Age Range Information**

0 to 3 months

## **SEL Skills targeted**

Self-management

## **Scales and Subscales**

Habituation to light, sound, muscle tone, search reflex response, sucking response, hand holding, neck and shoulder muscle tone, crawling reaction, face and voice reaction, visual reaction, voice and sound orientation, visual tracking, crying, ability to calm down, state regulation, stress reaction and activity level

## **Sources of information**

Child

## **Formats for administration**

Direct assessment, Observation

## **Administration**

Variable, usually includes 18 behavioural observations applicable from birth to the third month of life.

## **Scoring**

## **Psychometric Properties**

The NBO is a book and therefore does not have any psychometric properties.

## **Strengths and Weaknesses**

Strengths: It is a flexible system that is easy to integrate into daily practice. It consists of 18 behavioural observations applicable from birth to the third month of life. During the sessions, the practitioner, accompanied by the parents of the newborn, guides the observation, discusses the baby's skills and behaviours, encourages them to ask questions and suggests tasks and ways to support and encourage the child's development.

## **Citation**

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