

STEP: Southampton Test of Empathy for Preschoolers Full Profile Review

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Name of the measure

STEP: Southampton Test of Empathy for Preschoolers

Author(s) / Publisher(s)

- English original (GB)

Author: A. Howe, I. M. Pit-Ten Cate, A. Brown, & J. A. Hadwin.

Publisher: Free to use

Age Range

3-7 years

Age Range Information

Preschool age

SEL Skills targeted

Relationship skills, Social awareness

Scales and Subscales

Children label 5 schematic then choose to hear one from 8 stories (+1 for practice), as their emotions are recorded based on 5 aspects: facial, situation, memory, verbal, desire, with 4 emotions: sad, angry, happy, fear

Sources of information

Child

Formats for administration

Direct assessment

Administration

The assessment is done with the help of software and video recordings. The assessment is done individually.

Scoring

Electronic

Scoring information

Electronic scores, calculated by the free software

Psychometric Properties

Good results - .70 and .86 for both versions: STEP-UND & STEP-SHA.

Training

No specific training is required.

Strengths and Weaknesses

It is recognized that STEP helps with empathic responsiveness in preschoolers. Still, it is difficult to generalize as testing with bigger samples is not done.

Other Relevant Information

Denham, S.A., Ji, P., & Hamre, B. (2010). Compendium of Preschool Through Elementary School Social-Emotional Learning and Associated Assessment Measures. University of Illinois, Chicago.

Howe, A., Pit-ten Cate, I. M., Brown, A., & Hadwin, J. A. (2008). Empathy in preschool children: The development of the Southampton Test of Empathy for Preschoolers (STEP). *Psychological Assessment*, 20(3), 305–309. <https://doi.org/10.1037/a0012763>

<https://www.isurvey.soton.ac.uk/814>

Citation

This document was generated from the database used to create the Assessment Measures Compendium:

Koltcheva, N., C. Peixoto, V. Coelho, (2022). Social and Emotional Competences and Development of Children Aged Zero to Seven: European Assessment Measures Compendium. EU-SELF Project. ISBN 978-619-233-217-4 (can be downloaded from <https://euself.nbu.bg>)