

EMO-KJ: Diagnostic and therapeutic methods for accessing emotions in children and adolescents
(Diagnostik- und Therapieverfahren zum Zugang von Emotionen bei Kindern und Jugendlichen)

Generated: 2024-12-01 19:46:04

Full Profile Review



EMO-KJ Full Profile Review

Name of the measure

EMO-KJ: Diagnostic and therapeutic methods for accessing emotions in children and adolescents
(Diagnostik- und Therapieverfahren zum Zugang von Emotionen bei Kindern und Jugendlichen)

Author(s) / Publisher(s)

- German original (CH): <https://www.testzentrale.ch/shop/emo-kj-diagnostik-und-therapieverfahren-zum-zugang-von-emotionen-bei-kindern-und-jugendlichen-87867.html>
Author: K. Kupper, S. Rohrmann.
Publisher: Hogrefe AG

Age Range

3-7 years

Age Range Information

5 - 16 years

SEL Skills targeted

Self-awareness

Scales and Subscales

Emotional differentiation (7 emotions)

happy

sad

angry

anxious

shy/embarrassed

disgusted

in love

State-emotions (8 emotions)

happy

sad

angry

anxious

shy

disgusted

proud

embarrassed

Trait-emotions (8 emotions)

happy

sad

angry
anxious
shy
disgusted
proud
embarrassed

Sources of information

Child

Formats for administration

Questionnaire, Interview

Administration

Individual administration for 5-8-year-old children
Individual or group administration from the age of 9
Processing of the emotion differentiation: 5 minutes
Self-assessment questionnaire or interview: 15 minutes

Scoring

Manual

Psychometric Properties

Construct validity was tested for the subsample by means of convergent and discriminant validity for the state and trait emotions. For this purpose, the correlation of the individual State and Trait emotions was tested with construct-related and construct-distant methods. Overall, the analyses showed that both the convergent and the discriminant construct validity of the state-trait scales is given and can be rated as satisfactory.

Strengths and Weaknesses

Strengths: The measure offers the opportunity to get closer to the emotional world of children and adolescents in clinical application. In addition to the diagnostic procedure, the EMO-KJ contains playful components that can be used in psychotherapy for children and young people, such as an emotion-memo game or materials on individual emotions that can be used, for example, in behavioural analyses. With the EMO-KJ, children and adolescents can obtain initial access to basic emotions, their differentiation and handling in a broad age range from 5 to 16 years. The EMO-KJ can be used across all disorders and thus represents an adequate screening procedure which can be supplemented by further specific procedures regarding the desired emotions.

Weaknesses: Scoring can only be done descriptively. There are no standardization samples available (e.g., for various mental disorders).

Citation

This document was generated from the database used to create the Assessment Measures Compendium:

Koltcheva, N., C. Peixoto, V. Coelho, (2022). Social and Emotional Competences and Development of Children Aged Zero to Seven: European Assessment Measures Compendium. EU-SELF Project. ISBN 978-619-233-217-4 (can be downloaded from <https://euself.nbu.bg>)