

ASEBA - Preschool version:

Achenbach System for Empirically
Based Assessment (CBCL/1½-5,
C-TRF)

Full Profile Review

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Name of the measure

ASEBA - Preschool version: Achenbach System for Empirically Based Assessment (CBCL/1½-5, C-TRF)

Author(s) / Publisher(s)

- English original (US): <https://www2.aston.ac.uk/lhs/health-clinics/dyslexia/aseba>
Author: T. M. Achenbach, & L. A. Rescorla.
Publisher: Research Center for Children, Youth, and Families, University of Vermont
- Bulgarian translation (BG): <https://www.giuntipsy.bg/>
Author: M. Stankova.
Publisher: Giunti Psychometrics Bulgaria
- Croatian translation (HR): <http://www.nakladaslap.com>.
Publisher: Naklada Slap
- Danish translation (DK): <mailto:niels.bilenberg@rsyd.dk>.
Publisher: The Child Psychiatric Department, Odense University Hospital
- Estonian translation (EE): <mailto:kaiakastepold@gmail.com>.
Publisher: Kaia Kastepõld-Tõrs
- Finish translation (FI): <http://www.aseba.nl>.
Publisher: ErasmusMC-Sophia kinderziekenhuis, Afdeling Kinder en Jeugd psychiatrie en psychologie
- French translation (FR): <http://www.aseba.nl>.
Publisher: ErasmusMC-Sophia kinderziekenhuis, Afdeling Kinder en Jeugd psychiatrie en psychologie
- German translation (DE): <http://www.aseba.nl>.
Publisher: Testzentrale, Hogrefe Verlag GmbH & Co.KG
- Greek translation (GR): <mailto:koumoula@gmail.com>.
Publisher: Society for the Mental Health of Children and Adolescents
- Hungarian translation (HU): <http://www.oshungary.hu>.
Publisher: Istvan Nemeth, Correct Ltd.
- Icelandic translation (IS): <http://www.aseba.net/>.
Publisher: ASEBA á Íslandi sf. (ASEBA in Iceland sf.)
- Irish translation (IE): <http://www.brainworx.ie/>.
Publisher: Brainworx
- Israeli translation (IL): <http://www.psychtech.co.il>.
Publisher: PsychTech
- Italian translation (IT): <http://www.emedeia.it/aseba/index.php>.
Publisher: Istituto Scientifico E.Medea, Associazione La Nostra Famiglia
- Lithuanian translation (LT): <mailto:rzukausk@mruni.eu>.
Publisher: Mykolas Romeris University
- Dutch translation (NL): <http://www.aseba.nl>.
Publisher: ErasmusMC-Sophia kinderziekenhuis, Afdeling Kinder en Jeugd psychiatrie en psychologie
- Norwegian translation (NO): <http://www.aseba.nl>.
Publisher: ErasmusMC-Sophia kinderziekenhuis, Afdeling Kinder en Jeugd psychiatrie en psychologie
- Polish translation (PL): <http://www.aseba.nl>.

- Portuguese translation (PT): <https://www.psiquilibrios.pt/produto/sistema-de-avaliacao-empirica-mente-validado-aseba-um-sistema-integrado-de-avaliacao-com-multiplos-informadores-2/>
Author: P. Dias, V. Ramalho, V. S. Lima, B. C. Machado, & M. Gonçalves.
- Romanian translation (RO): <http://www.rtscluj.ro>.
- Serbian translation (RS): <http://www.sinapsaedicije.rs>.
- Slovenian translation (SI): <http://cpms.si/testi>.
- Spanish translation (ES): <http://www.ued.uab.es>.
- Swedish translation (SE): <https://journaldigital.se>.
- Swiss translation (CH).
- Turkish translation (TR): <mailto:profdrnese.erol@gmail.com>.
- English translation (GB).

Age Range

0-3 years, 3-7 years

Age Range Information

1.5 to 5 years

SEL Skills targeted

Relationship skills, Self-management, Behaviour problems

Scales and Subscales

100 items in both CBCL/1½-5 and C-TRF

Empirically based syndrome scales:

Emotionally reactive

Anxious/depressed

Somatic complaints

Withdrawn

Attention problems

Aggressive Behaviour

Sleep problems (CBCL only)

Groups of syndromes:

Internalizing problems

Externalizing problems

Total problems

DSM-oriented scales:

Depressive problems

Anxiety problems

Autism spectrum problems

Attention deficit/Hyperactivity problems

Oppositional defiant problems

Sources of information

Parent, Teacher

Formats for administration

Questionnaire

Administration

Individual or group administration

15-20 minutes

Scoring

Manual, Electronic

Scoring information

3-point Likert scale (range 0-2).

Raw scores are transformed into T-scores and percentiles; Manual scoring (computer-based scoring available for the English version)

Psychometric Properties

Original version (United States):

Reliability:

Internal reliability as measured by Cronbach's alpha varies between .76 and .94

Test-retest reliability correlations vary between .78 and .89

Validity:

Content validity: Scores of referred and non-referred children were significantly different.

Criterion-related validity: Nearly all items discriminated significantly between referred and non-referred children.

Convergent validity: Correlations with the Toddler Behaviour Screening Inventory, as well as the Infant-Toddler Social and Emotional Assessment indicate strong convergent validity.

Training

Proper use of ASEBA measures requires training in standardized assessment equivalent to at least the Master's degree level or two years of residency in pediatrics, psychiatry, or family practice. It also requires thorough knowledge of the procedures and cautions specified in the manual for each instrument.

Strengths and Weaknesses

Strengths: ASEBA is based on decades of empirical research and provides a fast and economical assessment of a wide range of behavioural and emotional problems in children. Furthermore, being translated and adapted in over 100 languages, ASEBA allows for cross-cultural studies.

Weaknesses: ASEBA scales are designed specifically to identify children who may need professional help for different kinds of behavioural and/or emotional problems. Accordingly, its

items are almost exclusively negatively focused. That being so, some authors argue that the scales do not measure social and emotional development per se (Halle & Darling-Churchill, 2016). Also, positive or negative biases and/or deliberate lying are not accounted for.

Other Relevant Information

Achenbach, T. M. (2018). Achenbach System of Empirically based Assessment (ASEBA). In J. Kreutzer, J. DeLuca, B. Caplan (Eds.), *Encyclopedia of Clinical Neuropsychology*. Springer, Cham. https://doi.org/10.1007/978-3-319-56782-2_1529-3

Achenbach, T. M. (2018). International findings with the Achenbach System of Empirically Based Assessment (ASEBA): applications to clinical services, research, and training. *Child and Adolescent Psychiatry and Mental Health*, 13(30), 1-10. <https://doi.org/10.1186/s13034-019-0291-2>

Halle, T. G., & Darling-Churchill, K. E. (2016). Review of measures of social and emotional development. *Journal of Applied Developmental Psychology*, 45, 8–18. doi:10.1016/j.appdev.2016.02.003

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